

WHEN TO VISIT THE DOCTOR

Colds and flu are often mistaken for each other because of their similar symptoms and treatments. Some flu infections can be dangerous and need to be evaluated by a doctor. A cold can also lead to a more serious bacterial infection. Therefore, if symptoms persist longer than a week to ten days, a doctor should be seen. Symptoms include:

- Fever greater than 101°F
- Cough productive of colored sputum
- Discolored or bloody mucus from nasal passages
- Ear pain
- Shortness of breath
- Pus on the tonsils
- Rash
- Persistent headache
- Pain or tenderness around the eyes
- Painful swelling of the neck glands
- Chronic, unusual fatigue

Contact your physician if you have any questions or problems.