

## Student Life Self-Confidence Rubric

The Process	Area of Focus	Guiding Questions	Learning to engage the process.	Engages the process	Engages the process well.	Engages the process fully.
Developing personal awareness of the influences of self confidence – sense of security, need to belong, self esteem – and how these affect and guide behavior	Sense of Security	How do I act?	Gain awareness and perspective on the formative influences that shape the way I act. That is, why do I believe this and act this way (relationship to others, family structure, etc)	Choose which influences you want to affect your sense of self	Demonstrates stable and consistent behavior in choosing positive environments	Successfully functions in personal and social settings
					Demonstrates stable and consistent behavior that shows improvement in necessary areas	Maintains a high level of self confidence regardless of performance
		What is a better way?	Gain awareness and perspective on the formative influences that shape the way I act. That is, why do I believe this and act this way (relationship to others, family structure, etc)	Choose which influences you want to affect your sense of self	Chooses to create healthy relationships that encourage a positive environment	Successfully creates healthy relationships that encourage a positive environment
					Makes choices that lessens the influence of unhealthy relationships, either by cutting ties or converting unhealthy to healthy	Maintains healthy boundaries for all relationships that influence their environment
	Need to Belong	How do I act?	Gain awareness and perspective on the formative influences that shape the way I act. That is, why do I believe this and act this way (relationship to others, family structure, etc)	Choose which influences you want to affect your sense of self	Demonstrates ability to collaborate in groups/clubs/teams	Successfully collaborates in groups/clubs/teams
					Demonstrates involvement to increase collaboration in groups/clubs/teams	Successfully involved in a collaborative effort without detracting from it
		What is a better way?	Gain awareness and perspective on the formative influences that shape the way I act. That is, why do I believe this and act this way (relationship to others, family structure, etc)	Choose which influences you want to affect your sense of self	Chooses involvement in groups/clubs/teams that encourages positive relationships	Successfully chooses involvement in groups/clubs/teams that encourages positive relationships
					Makes choices that lessens the influence of unhealthy relationships, either by cutting ties or converting unhealthy to healthy	Maintains healthy choices in their involvements with groups/clubs/teams
	Self Esteem	How do I act?	Gain awareness and perspective on the formative influences that shape the way I act. That is, why do I believe this and act this way (relationship to others, family structure, etc)	Choose which influences you want to affect your sense of self	Sets and follows through on goals that develop strengths	Relies on strengths for successful performance
					Sets and follows through on realistic goals that encourage the person to take risks	Feels comfortable taking risks to confront weaknesses
		What is a better way?	Gain awareness and perspective on the formative influences that shape the way I act. That is, why do I believe this and act this way (relationship to others, family structure, etc)	Choose which influences you want to affect your sense of self	Demonstrates self-esteem from competence or mastery of performance	Demonstrates positive and realistic self-perception regardless of performance
					When facing disappointment, thinks logically rather than emotionally	Demonstrates positive and realistic self-perception regardless of performance